



GREEN LANES PRIMARY SCHOOL SPORTS NEWSLETTER

FRIDAY 14TH OCTOBER 2016
ISSUE 1

WELCOME

Welcome to the first edition of Green Lanes Primary School's PE and Sports Newsletter. This newsletter will aim to keep you up to date with everything sport related at Green Lanes. It will celebrate the success of the school and of individuals past and present.

Please also find similar details, as well as photos, on Green Lanes' website > News & Dates > Sport News.

SCHOOL GAMES MARK AWARD

Green Lanes has worked hard to achieve the **Bronze School Games Mark Award** over the year 2015/16. Systems were put in place to track children's involvement in extra-curricular sporting activities, identifying that 83% of KS2 were involved in additional sport. These sports included mixed and single sex activities, both competitive and friendly events, at intra level (within school) and inter level (competing against other schools). The sports team has fed back to the school community about recent sporting events and results, via the school sports board, newsletter and website. Children have been given increasing opportunities to take part in a range of sports, some of which they have never tried before.



The Award has also guided us to further improve sporting opportunities and develop stronger links with clubs and coaches. Therefore, we now provide clubs for Lacrosse and Basketball, led by local coaches, and have also started a girls' football team, to increase girls' participation in football. We have also introduced a Year 3 & 4 Netball Club, to embed the foundations of netball, prior to participating in the Year 5 & 6 league. The school has also offered specific support to talented young sports pupils, to develop their sporting potential.

Furthermore, sports leaders have been implemented to lead and inspire younger pupils to participate in school. We aim for their presence and impact in the school to increase in the coming year, and hope to achieve the Award again in 2016/17.

THE DAILY MILE

'The Daily Mile' is an increasingly popular initiative appearing in many schools across the country. After the success of 'Run A Mile' Club in the Summer term, we are beginning the Daily Mile programme across the whole school, from Foundation to Year 6! The aim is to get children moving, and to normalise daily exercise, not restrict it to PE kits and PE lessons! According to the NHS, children aged 5-18 should aim to take part in at least 60 minutes of daily exercise.

Therefore, classes will be taking part in 'The Daily Mile' as often as their timetable allows. Children will not be forced to run, nor will it be a race. However, children will be encouraged to keep moving, be it walking, jogging or sprint-finishing! Research shows that 'The Daily Mile' improves physical, social, emotional and mental health and wellbeing. Furthermore, it has been found to reduce stress and anxiety, and improve concentration in class. We hope to see the successes of The Daily Mile at Green Lanes.

YEAR 5 RUNNING RACE

Six boys from Year 5 represented Green Lanes in a One Mile Run at Onslow St Audrey's School. The children were well equipped after attending Run A Mile Club last term, and were raring to go. Some had not represented the school in a sporting event before, and were very excited. Congratulations to Aloaye M who placed 3rd, Will C who placed 6th, Josh J 10th, Kerim N 11th and George F 12th. These runners progressed on to the next round at Stanborough Lakes, competing against other runners from schools across Welwyn and Hatfield.

The next round was much larger, with a longer course and more competitors. The boys took it in their stride and ran fantastically. They all ran their best and didn't give up, showing great resilience and a good sporting attitude. A special mention goes to Josh J who incurred an injury within 20m of the finish line, but got up and finished his race regardless. True grit and determination! Well done.

All the boys thoroughly enjoyed it, and their behaviour was a credit to Green Lanes. Well done boys!

YEAR 5 AND 6 FOOTBALL TOURNAMENT

A group of Year 5 and 6 boys attended the pre-season tournament at De Havilland School on Saturday 8th October. The tournament is now in its 20th year, and all 8 teams brought great talent, passion and enthusiasm to the first fixture of the school year.

It's the first time that the boys had played together as a team, and many were making their debut to represent Green Lanes. Unluckily, they lost the first match 1-0 against Countess Anne, but came back strong with a 2-0 win over De Havilland Blues. Goals from Ben P and Jaden P ensured the win. The third match of the group stages was a must win game in order to progress to the semi-finals. The boys fought hard, with fantastic attacking opportunities throughout the game. Green Lanes had countless chances, but were unable to get the goal for the first 9 minutes of the 10 minute match. In the last minute of the game, Sidney M confirmed the win, and the team moved on to the semi-finals.

Green Lanes faced De Havilland's A team in the semi-finals, a familiar opponent for Green Lanes in tournaments and cups! De Havilland were strong, and had some good chances. Harry L (GK) tried his best efforts to save a chance but was unsuccessful, however, Aloaye's amazing clearance from the line ensured we held off the goal. Unfortunately, De Havilland continued to attack strongly, and the game finished 2-0. Whilst Green Lanes were out at the semi-finals, De Havilland Yellows went on to win the tournament. Congratulations to them.

Overall, it was great to see the boys working together, not giving up and enjoying themselves. Well done for a great start to the football year! Go Green Lanes!

Players: Harry L, Noah L, Aloaye M, Rothan, Ryan F, George F, Jaden P, Sidney M, Ben P.

GIRLS' FOOTBALL TOURNAMENT

Two teams of Year 4, 5 and 6 girls attended De Havilland School for a girls' football tournament to celebrate 'This Girl Can' week. Only two of the twelve girls had previously played competitive football for Green Lanes, meaning most of the team were new to competitive games. The girls have been enthusiastically attending the girls' only football club, however, most are new to the sport and have only been playing for the last 4 weeks. They eagerly arrived at the tournament, and were proud to be representing Green Lanes.

The girls were playing mostly Year 6s, and the standard was high, however the two teams kept their

heads held high in some tough matches. Although the girls didn't make the semi-finals, their skills and confidence improved throughout the tournament. They showed better attacking skills and spatial awareness with every game they played. Special mention goes to Olivia T and Erin M who both made some brilliant saves in goal, as well as Emma P and Tillie, who were fantastic defenders.

Now the girls have had some competitive experience, we hope this inspires them to keep working hard in the club until another match. Well done girls!

Players: Bella C, Sophia C, Faith H, Tillie S, Lola J, Olivia T, Lily T, Emma P, Katie S, Erin M, Emily C, Evie G.

SPORTING ALUMNI

Do you know any ex-pupils of Green Lanes? Maybe you have older siblings that are no longer at the school?

If you know any ex Green Lanes pupils who have achieved sporting success, whatever it may be, please let Miss Leach know. Alternatively, email the school office at admin@greenlanes.herts.sch.uk, with the email subject 'Sporting Alumni'. Please give a brief outline of who it is about, what they have achieved and when. We would love to hear their great news, and would like to share it with the current pupils of Green Lanes to inspire and motivate them in sport. Watch this space!